



# HEART BEAT

The first sound we experience as human beings is our mother's heart beat. Sound is an essential part of our human existence. Through inspiring and emotional personal stories, Heart Beat will **take you on a journey** ([click here](#)) into the world of sound healing through music, frequency and vibration. Cancer survivors, crash victims, patients of neurological diseases and scientists all testify to the power of sound in this feature-length documentary.

# Music is a universal language...

but have we considered using it as a tool for health and wellness?

Scientists around the world, including the John Hopkins Center for Music and Medicine and non-profits like Nordoff Robbins, have been highlighting the medical benefits of sound and music on diseases like Parkinson's and Alzheimer's, as well as cancer tumors, depression, stress and other medical impairments.

Everything in the known universe is composed of vibrating atoms; therefore sound directly affects human biology. Thanks to science, we have recently found sound to have healing properties that reach far beyond what we've previously understood.

Quantum physicists have discovered what seems to be the tip of the iceberg - that vibration and frequency can be used to heal the body on a molecular level.

# Music

## is medicine

This is the story of how music and sound can heal and change lives. Inspired by director Michael Boidy's own personal journey, we will follow the powerful stories of those who have turned to music to help them overcome their own challenges. We will discover how music and sound waves can:

- Shatter cancer cells with oscillating frequencies
- Alleviate Alzheimers, dementia and PTSD
- Reduce tremors in Parkinson's patients
- Relieve anxiety and depression
- Lower heart rates
- Sharpen awareness, memory and cognition
- Increase dopamine production in the brain
- Improve overall health and wellness

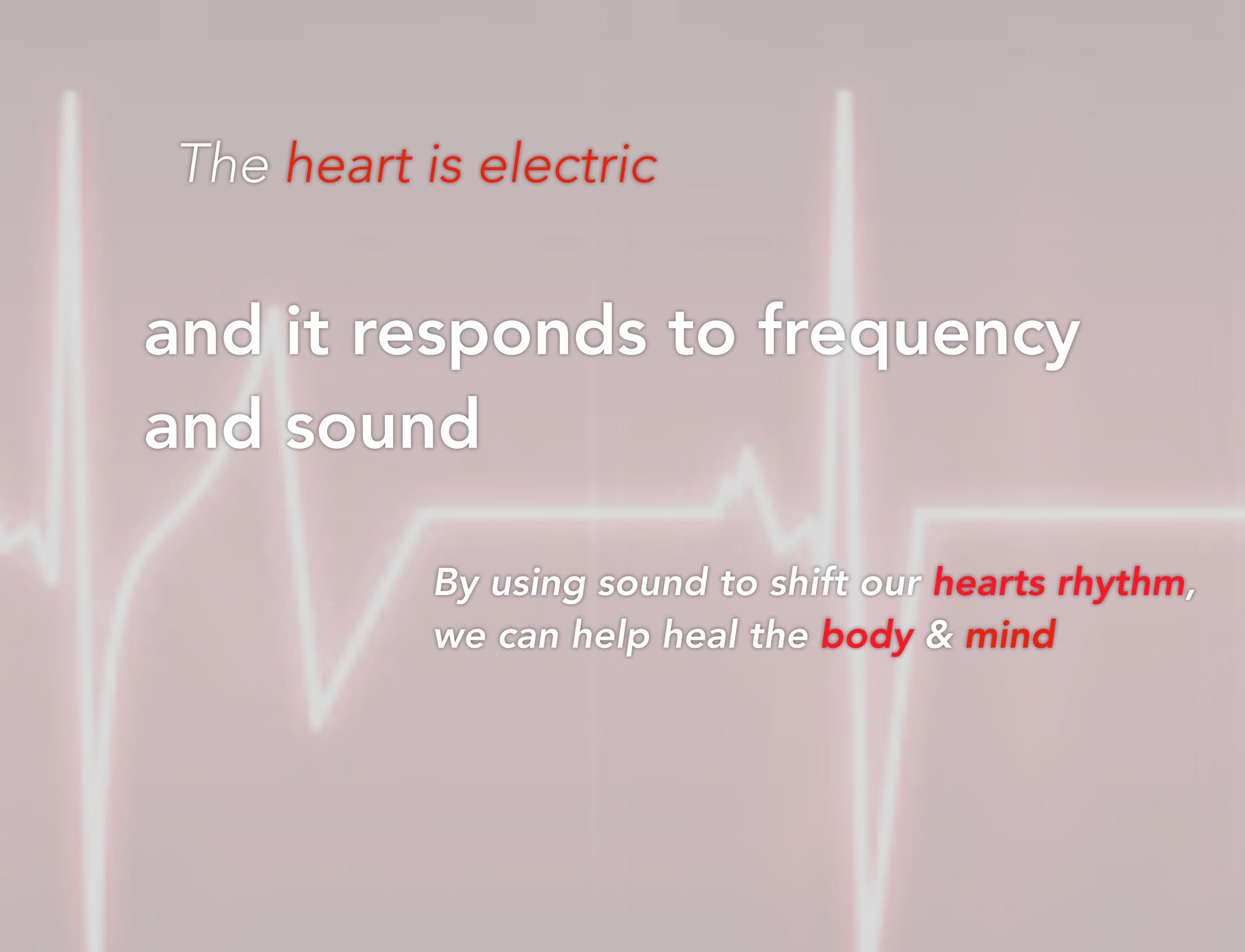


# *Music is power*

Over the past few decades, outdoor music festivals have exploded worldwide. People are not only gathering to hear music, but they're joining communities that bring the healing power of sound to the festivals. From sound baths to cutting edge sound technology, festival goers are exploring these new possibilities.

Now the power of music and sound has moved from the dance floor to the doctor's office. Each year the medical community is finding ground breaking discoveries using music. For example, recently a team of London neuroscientists found that playing Kenny Rogers songs for stroke victims speeds their cognitive recovery.

Science is just beginning to unlock the power of music and sound healing. Heart Beat will take a deep dive into this world.



*The **heart** is electric*

**and it responds to frequency  
and sound**

*By using sound to shift our **hearts rhythm**,  
we can help heal the **body & mind***



## Meet The Director

Michael Boidy

After a near-death experience from a helicopter crash in 2012, Michael experienced a personal miracle. For 18 months, he lived with chronic pain and was depressed. But after attending a music festival, the pain, stiffness and depression melted away. This experience profoundly changed his life, and set him out on a journey to discover how he was healed. It is now Michael's mission to share the science of sound in a feature documentary called Heart Beat.

# Survivors

*who used the healing power of sound & music  
to change their lives*



**MICHAEL BOIDY**  
Survived near-death  
helicopter crash



**DEVIN MCCLERNAN**  
Dystonia survivor who uses deep brain  
stimulation & vibroacoustic therapy



**FELICIA ACCOMAZZO**  
Survived stage 4 cancer



**KELLY KELLAM**  
Survived two near death motorcycle  
accidents

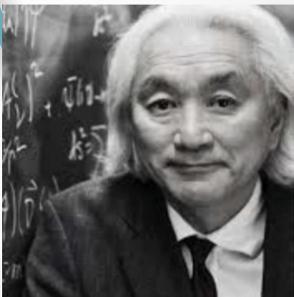


**SCOTT YO RIDER\***  
Survived cancer



**KRISTIE ENNIS**  
U.S Marine Survived Helicopter Crash  
Electric Forces Program

# Experts



DR. MICHIO KAKU  
Theoretical Physicist | String  
Theory Specialist



DR. ALEX PANTELYAT  
Co-Director John Hopkins Center  
For Music & Medicine



DR. KULREET CHAUDHARY  
Neurologist | Author of *Sound Medicine*



JONATHAN GOLDMAN\*  
Sound Expert | Best Selling Author



EILEEN MCKUSICK\*  
Sound Researcher | Educator | Best  
Selling Author | Inventor of  
Tuning the Human Biofield



SARAH HOOVER  
Co-Director of John Hopkins Center  
For Music & Medicine



ERIC RANKIN\*  
Frequency Expert | Sonar Specialist  
Creator of Sonic Geometry Series



NEIL DEGRASSE TYSON  
Astrophysicist | Cosmologist |  
Author



DR. VIBHOR KRISHNA  
Brain Surgeon using Focused UltraSound  
Ohio State Wexner Medical Center

\*Access Confirmed



Spring is a twice **Oscar nominated**, nine-time Emmy nominated, **BAFTA, Emmy, Peabody, Grierson** and **RTS** award winning production company making documentaries for Netflix, AppleTV+, HBO, A&E, National Geographic, BBC, Channel 4, Sky, Arte, Shaanxi TV and international broadcasters. We specialize in high-end feature documentaries, and non-scripted content. Spring is represented by ICM Partners.

Highlights include: Joshua Oppenheimer's Oscar nominated ***The Look of Silence***, André Singer's Emmy winning ***Night Will Fall***, Werner Herzog's Emmy nominated documentary ***Into The Inferno***. The Emmy nominated ***City 40***; BAFTA nominated ***PRISON*** series for Channel 4 and just released for AppleTV+ ***Fireball***.

**Executive Producer & Emmy-winning André Singer** was Commissioning Editor of the illustrious *Disappearing World* series and founded BBC Fine Cut (now Storyville). He has made hundreds of hours of factual programmes including 15 films with legendary director Werner Herzog. From 2014 to 2018 he was President of the Royal Anthropological Institute of Great Britain and Ireland.



Co-founder of Safari Films and Co-director of Heart Beat, **Carol Carimi Acutt**, is an **award-winning documentary filmmaker and Emmy-winning television producer**. She enjoys telling complex stories in concise and entertaining ways. Some of her most recent documentary projects tackle complicated topics, like *The Deported* (YouTube Originals), about families facing deportation, and *Grace Anatomy* (Fusion, Univision & The California Endowment), a docu-comedy examining the U.S. healthcare system. ***Planet Primetime*** (Travel Channel), a series exploring culture through television in 13 countries, was **nominated for an Emmy**. ***Eat. Race. Win. (Amazon)***, a behind-the-scenes documentary series about a Tour de France performance chef, Hannah Grant, received high marks among viewers and the press and was **nominated for an Emmy as Best Culinary show** and **won an Emmy for Best Single Camera Editing**. Her documentary film, *Been Down that Muddy Road: The Legend of Joe Barry*, about a rock 'n roll musician from the Louisiana bayou country **won several awards**. She has extensive experience in several genres of television and documentary series, from true crime to music to sports to politics and has worked on over 50 television shows. Safari Films is represented by ICM Partners.

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